

Let us first prove that the functor L is essentially surjective.

(key idea is: $F(Y) = F(1 \otimes Y) \cong F(1) \otimes Y$ by def of $(F, c) \in \mathcal{E}'$)

Now all the details:

Let us write the diagram that c checks, but restricted to $X=1$:

$$\begin{array}{ccc}
 & (F(1) \otimes Y) \otimes Z & \xrightarrow{a} F(1), Y, Z \\
 \swarrow c_{1, Y} \otimes id_Z & & \searrow \\
 & F(1 \otimes Y) \otimes Z & \\
 \downarrow c_{1 \otimes Y, Z} & & \downarrow c_{1, Y, Z} \\
 F((1 \otimes Y) \otimes Z) & \xrightarrow{F(a_{1, Y, Z})} & F(1 \otimes (Y \otimes Z))
 \end{array}$$

By convention, $a_{1, Y, Z} = id$, $F(id) = id$.
 $(1 \otimes Y) \otimes Z = Y \otimes Z = 1 \otimes (Y \otimes Z)$

Then we get the following commutative square:

$$\begin{array}{ccc}
 (F(1) \otimes Y) \otimes Z & \xrightarrow{c_{F(1), Y, Z}} & F(1) \otimes (Y \otimes Z) \\
 c_{1, Y} \otimes id_Z \downarrow & & \downarrow c_{1, Y \otimes Z} \\
 (F(1 \otimes Y) \otimes Z) \Rightarrow F(Y) \otimes Z & \xrightarrow{c_{Y, Z}} & F(Y \otimes Z) \quad (= F(1 \otimes (Y \otimes Z)))
 \end{array}
 \quad (***)$$

Consider $F(1) \otimes Y \xrightarrow{c_{1, Y}} F(1 \otimes Y) = F(Y)$.

Take $\tilde{F}: Y \mapsto F(1) \otimes Y$, $\tilde{a}_{Y \otimes Z} = a_{F(1), Y, Z}$.

$(\tilde{F}, \tilde{a}) \xrightarrow{\Theta} (F, c)$ by $\tilde{F}(Y) \xrightarrow{\Theta_Y} F(Y)$ $\Theta_Y = c_{1, Y}$

Θ is a
nat. iso.
because
 $\Theta_Y = c_{1, Y}$
and
 $c = (c_{X, Y})$
is nat. iso.

But Θ is really a morphism in this cat, exactly because of $(***)$.

But $(\tilde{F}, \tilde{\alpha}) = L(F, \alpha)$, so L is essentially surj.

Now, it remains to prove that L is full and faithful.

Let us start with full: (i.e. surj. on the hom-sets).

Let $\Theta: L(X) \rightarrow L(X')$ be a morphism of \mathcal{C}'

We want to make $f: X \rightarrow X'$ p.t. $L(f) = \Theta$.

Define f as follows: $X = X \otimes 1 \xrightarrow{\Theta} X' \otimes 1 = X'$

up to convention

we have $f = \Theta$,

We need to prove that $\Theta_Z = f \otimes \text{id}_Z$. { i.e. $\Theta = L(f)$ full
 because recall that by def $L(f) = f \otimes \text{id}$.

By def of morphism for Θ :

$$\begin{array}{ccc}
 (X \otimes Y) \otimes Z & \xrightarrow{a_{X,Y,Z}} & X \otimes (Y \otimes Z) \\
 \Theta_Y \otimes \text{id}_Z \downarrow & & \downarrow \Theta_{Y \otimes Z} \\
 (X' \otimes Y) \otimes Z & \xrightarrow{a_{X',Y,Z}} & X' \otimes (Y \otimes Z)
 \end{array}$$

Then take $Y = 1$.

But by convention (again)

$$a_{X,1,Z} = \text{id}$$

$$a_{X',1,Z} = \text{id}$$

$$\begin{aligned}
 \text{So: } \Theta_1 \otimes \text{id}_Z &= \Theta_{1 \otimes Z} = \Theta_Z \\
 \parallel & \\
 f \otimes \text{id}_Z &
 \end{aligned}$$

$$\text{So: } \Theta_Z = f \otimes \text{id}_Z \quad \left| \begin{array}{l} \Theta = L(f) \\ \text{full } \textcircled{\text{OK}} \end{array} \right.$$

It's ok for L full.

Let us now prove that L is faithful (i.e. injective on the hom-sets):

If $L(f) = L(g)$ for some morphisms f, g of \mathcal{C}

So: (by def of L) $f \otimes \text{id}_- = g \otimes \text{id}_-$ / in particular:
 $f \otimes \text{id}_1 = g \otimes \text{id}_1$

So: $f = g$ and L is faithful. δ \mathcal{C} **convention.**

We already proved that L is (essentially surjective, full, faithful).

So: (by previous result) L is an equivalence of category.

Now, it remains to prove that L is a monoidal functor:

unit of \mathcal{C}^1 : $1_{\mathcal{C}^1} = (\text{id}_{\mathcal{C}}, \text{id}_{-\otimes-})$

it's really an object of \mathcal{C}^1 **convention**

$\text{id}_{\mathcal{C}}(X) \otimes Y \rightarrow \text{id}_{\mathcal{C}}(X \otimes Y)$
 $X \otimes Y \rightarrow X \otimes Y$
 $\text{id}_{X \otimes Y}$

(1) $L(1_{\mathcal{C}}) = (1_{\mathcal{C}^1}, a_{1_{\mathcal{C}}, -, -}) = (\text{id}_{\mathcal{C}}, \text{id}_{-\otimes-})$

(2) We are looking for an iso. $J_{X,Y} : L(X) \otimes L(Y) \rightarrow L(X \otimes Y)$.

Let us show that $\bar{a}_{X,Y,-}^{-1}$ maps $L(X) \otimes L(Y)$ to $L(X \otimes Y)$.

First, what is $L(X) \otimes L(Y) = (X \otimes -, a_{X,-,-}) \otimes (Y \otimes -, a_{Y,-,-})$

$$= (X \otimes (Y \otimes -), \textcircled{\uplus})$$

What about $\textcircled{\uplus}$

The general formula is: $F^1(c_{-,-}^2) \circ c_{-,-}^1 \circ F^2(-)_{-,-}$

Here: $F^1 = X \otimes -$

$F^2 = Y \otimes -$

$c^1 = a_{X,-,-}$

$c^2 = a_{Y,-,-}$

$$\left(\text{id}_X \otimes a_{Y,-,-} \right) \circ a_{X, Y \otimes -} = \textcircled{\uplus}$$

Then: Need to see that $= L(X) \otimes L(Y)$

$$J_{X,Y} = a_{X,Y,-}^{-1} : \left(X \otimes (Y \otimes -), \underbrace{(id_X \otimes a_{Y,-,-}) \circ a_{X,Y,-,-}}_{\alpha} \right)$$

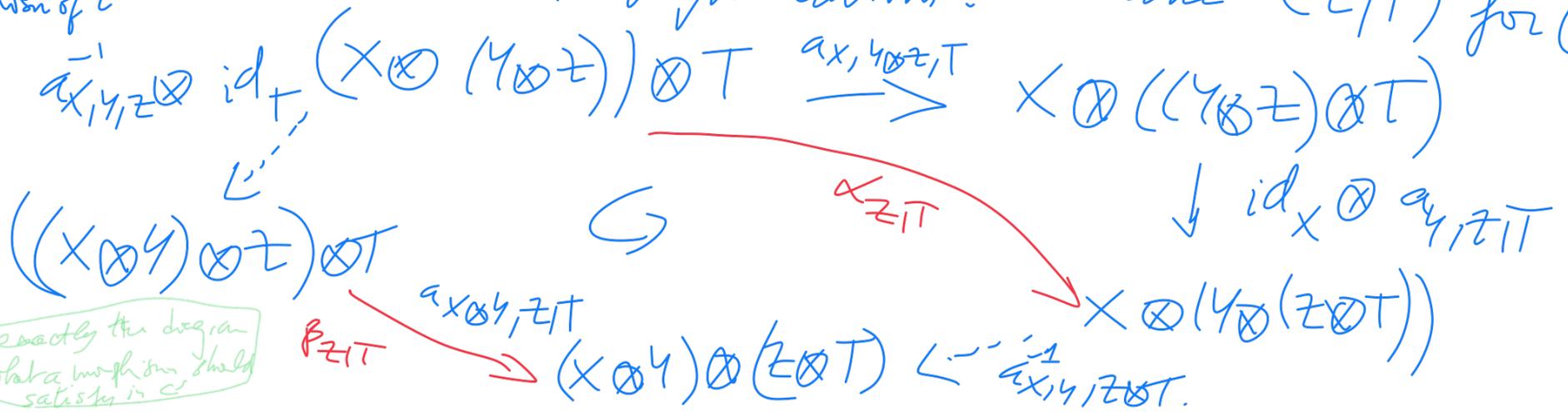
is a morphism in \mathcal{C}^s

$$\left(\underbrace{(X \otimes Y) \otimes -}_{\beta}, \underbrace{a_{X \otimes Y, -,-}}_{\beta} \right) = L(X \otimes Y)$$

It's ok for the first components. What about the second components!

The diagram for being a morphism of \mathcal{C}^s

reduces to the Pentagon axiom: take (Z, T) for $(-, -)$



it's exactly the diagram of what a morphism should satisfy in \mathcal{C}^s

and, $J_{X,Y}$ satisfies the monoidal structure axiom (again by the pentagon axiom)

Conclusion: L is a monoidal equiv. of cat. \square

This is the end of the proof of Mac Lane strictness theorem.

Rh: This theorem is not trivial:

A monoidal cat. \mathcal{C} is always monoidally equiv. to a strict one \mathcal{C}^s (etc)

BUT not always isomorphic to \mathcal{C}^s .

Generic counter-ex. If \mathcal{C} is not strict, then it is not iso. to \mathcal{C}^s .

